February 2020 Fleet & Family Support Center Programs

Fleet & Family Support Center, Building 30, 5301 Snead Street, Gulfport, MS 39501. (228) 871-3000 or ncbc_gulfport_ffsc@navy.mil.

Mon-Thurs 0700-1630; Fridays 0700-1530. Extended hours available.



SUN	MON	TUES	WED	THURS	FRI	SAT
In February, we honor Black History Month and Teen Dating Violence Prevention Month. We also celebrate Valentine's Day, Mardi Gras, Presidents' Day, and Leap Year Day!						1
2	Transition <i>3-Day</i> Class Begins 0800-1600 Daily; VALUES, 1300-1500	Cool Under Pressure 4- Week Class Begins, Tuesdays, 1230-1400	STRENGTHS 0830-1030; 5 24/7 Dad, 1100	Accessing Higher Education 2-Day Class Begins, 0800-1530 Daily; Resiliency 1100	7 Accessing Higher Education, Day 2, 0800-1530	8
9	10 Civilian & Federal Resume Writing 0900-1530;24/7 Dad, 1100;PERSONALITY, 1300-1500	11 Job Fair 1000-1300	12 24/7 Dad, 1100	13 Resiliency 1100	14	15
16	Presidents' Day Holiday	18 Command Financial Specialist (CFS) Training 4-Day Class, 0800-1530 Daily	19 VALUES 0830-1030 Smooth Moves, 0900-1100 24/7 Dad, 1100;	20 Navy Spouse Mini- Orientation with MWR Bus Tour, 0930-1130 Resiliency 1100	21 NMCRS Budget for Baby; call 228-871- 2610!	22
23	24 Baby Boot Camp, 0900-1100 24/7 Dad, 1100	25 Career Exploration Planning Track 2-Day Class Begins 0800-1530	26 Career Exploration Planning Track Day 2, 0800-1530 24/7 Dad, 1100; I.A. Family Gathering, 1600-1700	27 Resiliency 1100	28	YES, there are 29 Days of February in 2020!

Please email or call Fleet and Family Support Center at (228) 871-3000 to pre-register for classes! Email us at ncbc_gulfport_ffsc@navy.mil or call (228) 871-3000

- <u>24/7 Dad</u>, *Mondays and Wednesdays at 1100*. Any father is invited to participate in this nationally-acclaimed program; call 871-3000 for more information and to sign up!
- Accessing Higher Education 2 Day Class, 6 and 7 February, 0800-1530. This class is appropriate for anyone considering attending college.
- **<u>Baby Boot Camp</u>**, *Monday, 24 February, 0900-1100*. For expecting individuals/couples, this class discusses pregnancy, labor, delivery, and caring for a newborn.
- <u>Career Exploration and Planning Track</u>, 25 and 26 February, 0800-1530. This two-day class will help service members create a plan for their training, work, and life after leaving military service.
- <u>Civilian and Federal Resume Writing</u>, *Monday*, 10 February, 0800-Noon. Learn how to create the resume that best reflects your skills and abilities and how to apply for federal jobs.
- <u>Command Financial Specialist Training</u>, 18-21 February, 0800-1530. This training is provided to command-nominated personnel who' will then be responsible for providing basic financial counseling services to members of the command.
- Cool Under Pressure, Tuesdays, 1230-1400. Learn what can be healthy and unhealthy about anger.
- I. A. Family Gathering, Wednesday, 26 February, 1600. Provides support/information to families of Individual Augmentees.
- <u>Job Fair</u>, *Tuesday*, 11 February, 1000-1300. Hiring employers will be present at this event. Attendees are encouraged to dress for an interview and bring multiple copies of the resume.
- <u>Navy Spouse Mini-Orientation with MWR Bus Tour</u>, *Thursday*, 20 February, 0930-1130. This not-to-be-missed opportunity will cover information to help you thrive in the Navy lifestyle. You'll be MUCH more in-the-know about the fun and interesting Morale, Welfare, and Recreation options!
- <u>NMCRS Budget for Baby</u>, *Friday, 21 February*. Call Navy-Marine Corps Relief Society at (228) 871-2610 to sign up and obtain class time. You will learn to financially plan for your bundle of joy and receive a Junior Seabag.
- Personality, Monday, 10 February, 1300-1500. Learn more about your personality and its strengths.
- Resiliency Training, Thursdays, 1100-1200. This class is a six-week course about how to cope with life's challenges.
- Smooth Moves, Wednesday, 19 February, 0900-1100. This class is appropriate for anyone planning a PCS move within the next few Months. Learn about deadlines, requirements, the moving process, entitlements, etc.
- <u>Strengths</u>, *Wednesday*, 5 February, 0830-1030. Learn more about your personal strengths. Pre-registration is crucial so you can Take the exercise prior to class!
- <u>Transition</u>, 3-5 February, 0800-1600 daily. For members separating or retiring from the military, this 3-day class explains how to set yourself up for success in your post-military life.
- <u>Values</u>, TWO Opportunities: Monday, 3 February, 1300-15000 or Wednesday, 19 February, 0830-1030. Learn more about your core